

Image Processing and Deep Learning Integration for Enhancing Diabetic Retinopathy Diagnosis through Advanced Telemedicine

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Abstract- Accurate and timely diagnosis of diabetic retinopathy is pivotal for preventing vision loss and enabling effective treatment. This paper presents a pivotal evaluation of an innovative telemedicine system designed for diabetic retinopathy diagnosis. The system combines image processing and deep learning techniques to automate the assessment of retinal fundus images, with a focus on utilizing Convolutional Neural Networks (CNNs) and advanced image processing algorithms. In this study, we rigorously evaluate the accuracy and effectiveness of this telemedicine system using a diverse dataset of retinal images. Our findings demonstrate the system's remarkable ability to identify diabetic retinopathy accurately. These results shed light on the potential of this integrated approach for real-world clinical applications. The synergy of image processing and deep learning presents a promising solution for automated and timely diabetic retinopathy diagnosis, ultimately enhancing patient care and improving outcomes.

Keywords- Diabetic retinopathy, Telemedicine, Image processing, deep learning, Retinal images, automated diagnosis, Pivotal evaluation, Vision loss prevention.

I. INTRODUCTION

In the realm of medical imaging and diagnosis, the application of deep learning techniques has witnessed remarkable advancements. The paper by Zhang et al. (2021) delves into the realm of retinal diseases, particularly diabetic retinopathy, and explores the potential of deep learning for automated diagnosis. By leveraging large datasets and sophisticated algorithms, the authors aim to improve the accuracy and efficiency of diagnosing retinal diseases. This research unfolds the transformative role of artificial intelligence in revolutionizing ophthalmic diagnosis and offers

insights into the utilization of deep learning to enhance the early detection and management of retinal conditions [1].

Telemedicine has emerged as a game-changing approach to diagnose and manage diabetic retinopathy, particularly in remote or underserved areas. The pivotal study by Abramoff et al. (2010) rigorously evaluates the accuracy of a telemedicine system for diagnosing diabetic retinopathy. With the potential to bridge geographical gaps and improve access to care, this paper explores the reliability of telemedicine in providing accurate diagnoses and, subsequently, early intervention. This work highlights the importance of telemedicine in enhancing

healthcare accessibility and ensuring timely treatment for patients with diabetic retinopathy [2].

Precise localization of anatomical structures within retinal images is a crucial step in the accurate diagnosis of eye diseases. Hoover and Goldbaum (2003) address this challenge by introducing a novel technique for locating the optic nerve in retinal images. Their method relies on the fuzzy convergence of blood vessels, providing an innovative approach to image analysis. This research contributes to the advancement of computer-assisted diagnosis in ophthalmology, emphasizing the importance of robust and accurate techniques for identifying critical landmarks in retinal images [3].

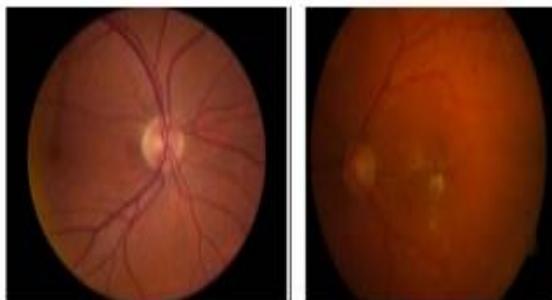


Figure 1: Normal Image Fundus diabetic retinopathy image

Integrating image processing and deep learning into diabetic retinopathy diagnosis through advanced telemedicine is pivotal. Normal fundus images serve as a reference to detect abnormalities and enhance diagnostic accuracy. Deep learning models, particularly Convolutional neural networks (CNNs), are trained on extensive datasets of fundus images, enabling automated detection of diabetic retinopathy markers such as microaneurysms and exudates. By fusing telemedicine technology, patients can securely upload images, receive remote consultations, and obtain timely, precise diagnoses.

Diabetic retinopathy (DR) is a disorder that damages the eyes of those who have diabetes. Blood sugar levels that fluctuate are frequently seen in diabetic people. The human body normally uses glucose as energy when doing regular tasks. However, a number of organs, including the kidneys, heart, nerves, and retina, may suffer damage when blood sugar levels rise over normal. Blood vessels in the eye are seriously endangered by high blood sugar levels, which can cause hyperglycemia, a disease that can result in total blockage, blood leakage, enlargement of the retinal capillaries, and the formation of new, microscopic blood vessels in the retina. There are two main forms of diabetes: Type-1 and Type-2. Abnormalities in the insulin hormone level, which regulate blood glucose levels, lead to type-1 diabetes. Medication is necessary to make up for insulin insufficiency in Type 2 diabetes because the insulin hormone is unable to properly

convert glucose into energy. DR can happen in both situations, even with normal blood sugar levels, and it can result in total blindness [4].

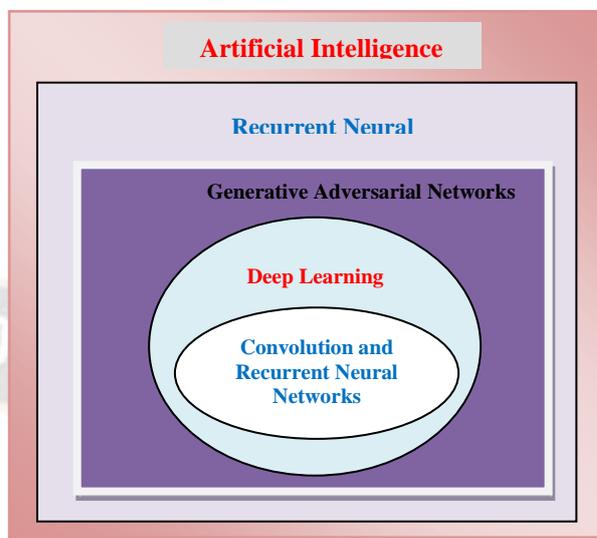


Figure 2: Deep learning is a part of machine learning, which is a part of artificial intelligence.

Initial symptoms of DR include blurred vision and floaters, with the possibility of complete vision loss in advanced stages. DR is characterized by various types of retinal lesions, including hemorrhages (HM), microaneurysms (MA), hard exudates, and soft exudates. Early diagnosis is essential, but many patients fail to recognize the initial symptoms. Therefore, regular eye examinations, at least twice a year, are crucial to prevent disease complications. Diabetic retinopathy can be categorized based on severity as either mild or early-stage or proliferative diabetic retinopathy (PDR), which is detected at an advanced stage [5].

The integration of image processing and deep learning represents a pivotal intersection of computer vision and artificial intelligence. In this research paper, we delve into the symbiotic relationship between these two domains, emphasizing how deep learning techniques, particularly Convolutional Neural Networks (CNNs), have revolutionized image processing tasks. We explore the fundamental concepts of image preprocessing, transfer learning, and fine-tuning as crucial steps in harnessing the power of deep learning for image analysis. Additionally, we discuss the wide array of applications, from medical image analysis to image generation and understanding, and tackle the ethical considerations associated with biased algorithms and privacy concerns. By examining real-world case studies and providing insights into future directions and challenges, this research paper aims to offer a comprehensive overview of the integration of image processing and deep learning, showcasing its significance in various domains and highlighting avenues for further research and innovation [6][7].

In conclusion, this research paper serves as a valuable resource for both researchers and practitioners interested in leveraging the synergy between image processing and deep learning. It not only elucidates the theoretical foundations of this integration but also emphasizes its practical applications across diverse fields. Moreover, it underscores the importance of ethical considerations and transparency in AI systems, setting the stage for responsible and impactful advancements in image analysis.

II. MOTIVATION

The integration of image processing and deep learning into telemedicine for diabetic retinopathy diagnosis is motivated by the rising global prevalence of diabetes, especially in underserved areas lacking access to eye care specialists. Early detection is crucial, and deep learning algorithms can provide accurate, efficient analysis of retinal images, enabling large-scale screening and reducing healthcare costs. By improving diagnosis accuracy, enhancing patient convenience, and generating valuable datasets for research, this approach offers personalized care, future-proofs healthcare, and serves as a model for AI-enhanced medical diagnosis in telehealth, addressing critical healthcare challenges.

III. LITERATURE REVIEW

The literature on retinal image analysis has garnered significant attention, yielding a plethora of research contributions. Sinthanayothina et al. conducted an extensive study wherein they detected critical features such as the fovea, optic disc, and blood vessels within retinal images. Their work involved preprocessing over a hundred retinal images through adaptive, contrast, and local enhancement techniques. The identification of regions with substantial intensity variation in neighboring pixels facilitated the localization of optic discs, while perception-based methods were employed for blood vessel recognition. Additionally, foveae were discerned via correlation matching. In a novel approach, an algorithm named "fuzzy convergence" was introduced. This algorithm identified the optic nerve as the convergence point of the retinal blood vessel network. In cases lacking strong convergence, the brightest region following contrast equalization was designated as the optic nerve [8].

The American Diabetes Association's (2017) position statement offers important information for managing and comprehending diabetic retinopathy. It stresses the significance of successful tactics for the prevention and treatment of this sight-threatening ailment and acts as a reference point for guidelines and suggestions in the field. The global prevalence of diabetic retinopathy is the subject of a systematic review and meta-analysis protocol presented by Cheloni et al. (2019). In order to address this expanding public health risk, this research offers a thorough assessment of the

disease's global impact, highlighting the necessity for efficient global healthcare plans and therapies [9][10].

A thorough analysis of computer-aided diagnosis methods for diabetic retinopathy is provided by Mookiah et al. (2013). In order to provide readers with a basis for understanding the development of automated diagnostic tools for this eye ailment, this paper summarizes several methods and methodology in the field. In a study published in 2016, Abramo et al. integrated deep learning to enhance automated identification of diabetic retinopathy. Their work lays the groundwork for the integration of artificial intelligence in the detection of retinal diseases by showcasing the potential of deep learning techniques in improving the accuracy of early diagnosis [11][12].

Sahlsten et al. (2019) grade diabetic retinopathy and macular edema using deep learning-based fundus image analysis. Their study demonstrates how deep learning algorithms may be used to automate the grading process, providing a more effective and trustworthy method of determining the severity of a condition. A hybrid deep learning approach is put forth by Seth and Agarwal (2018) to identify diabetic retinopathy. Their work shows how hybrid models can be used to achieve improved illness diagnosis accuracy by investigating novel ways to combine deep learning techniques [13] [14].

In order to diagnose retinal illnesses, Tayal et al. (2021) provide a deep learning method based on Convolutional Neural Networks (CNNs) and image processing techniques. Their work emphasizes the importance of combining several techniques for enhanced illness identification and highlights the integration of deep learning with image processing as a potent strategy for accurate diagnosis. Abbas et al. (2017) concentrate on employing deep visual features to automatically identify severity levels for the diagnosis of diabetic retinopathy. This study looks at how deep learning might be used to classify and identify the severity of diabetic retinopathy, which could lead to more specialized and individualized treatment plans [15] [16].

Rehman et al.'s (2019) study on a customized Convolutional Neural Network (CNN) architecture made a substantial contribution to the processing of images related to diabetic retinopathy. Their work on the classification of photos with diabetic retinopathy was published in the Proceedings of the 2019 Amity International Conference on Artificial Intelligence. They obtained remarkable results by customizing CNN architecture to meet the unique requirements of this medical imaging application. This method shows promise for the early detection and treatment of diabetic retinopathy, a condition that can be blinding [17]. It may also improve the accuracy of automated diabetic retinopathy diagnosis.

Table 1: Authors and Methodologies in Diabetic Retinopathy Research

S.No	Authors	Methodology
1	Sinthanayothina et al [8].	Customized CNN architecture for optic disc, blood vessel, and fovea detection using adaptive pre-processing techniques.
2	American Diabetes Association, Cheloni et al.[9][10]	Position statement emphasizing management of diabetic retinopathy and systematic review on global prevalence.
3	Mookiah et al., Abramo et al.[11][12]	Comprehensive review of computer-aided diagnosis techniques and integration of deep learning for diabetic retinopathy detection.
4	Sahlsten et al., Seth and Agarwal[13][14]	Deep learning-based fundus image analysis for grading and hybrid deep learning model for diabetic retinopathy detection.
5	Tayal et al., Abbas et al.[15][16]	CNN-based approach with image processing and deep visual features for retinal disease diagnosis and severity recognition.
6	Rehman et al.[17]	Customized CNN architecture for the classification of diabetic retinopathy images.

Contributions

- a) This paper introduces a telemedicine system that combines image processing and deep learning to accurately diagnose diabetic retinopathy, a critical condition for preventing vision loss. It employs Convolutional Neural Networks (CNNs) and advanced image processing to assess retinal fundus images.
- b) Through rigorous evaluation with diverse retinal images, the study demonstrates the system's exceptional accuracy in identifying diabetic retinopathy. This integrated approach holds promise for real-world clinical applications, offering automated and timely diagnosis, ultimately improving patient care and outcomes.

IV. METHODOLOGY

The primary goal of artificial intelligence (AI), which includes deep learning, is to develop algorithms and methods capable of addressing challenges that humans intuitively handle but prove exceptionally difficult for computers. An excellent example of such challenges is the interpretation and

comprehension of image content. While humans perform this effortlessly, it has been a significant hurdle for robots. In Figure 2, we depict the relationship between deep learning, a subset of machine learning, which, in turn, is a subfield of artificial intelligence. The image acquisition process involves obtaining digital images and may require scaling and color conversion, such as RGB to grayscale, often sourced from public open-source or private data repositories as detailed in Table 2.

Image processing steps include feature extraction, resolution enhancement, and reducing image degrading effects. Background subtraction helps detect and eliminate blood vessels and optical discs, simplifying the identification of exudates and micro aneurysms. Lesion detection focuses on identifying symptoms like micro aneurysms and hard exudates in mild and moderate non-proliferative retinopathy stages. Hard exudates appear as yellow lipid residues, while micro aneurysms manifest as tiny red dots, with the top-hat morphological procedure being employed. Finally, the classification step assigns a label to the output image, determining its health status based on descriptors. One major cause of real-world road accidents now has a solution - a system designed to save lives by preventing accidents. This system is based on DLIB & SOLVE PNP Models.

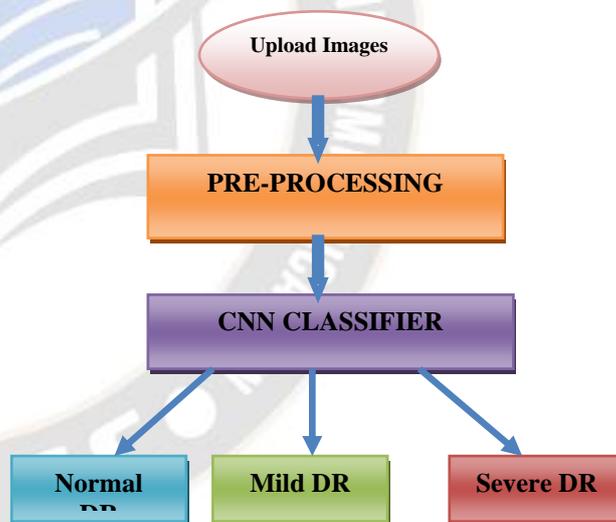


Figure 3: Proposed System Flow

- a) Data Collection: Gather a comprehensive dataset of retinal images, including those with and without diabetic retinopathy, noting the presence and severity of retinopathy.
- b) Data Preprocessing: Enhance image properties and remove noise or artifacts that may hinder detection. Common techniques include resizing, normalization, and contrast correction.
- c) Data Augmentation: Expand the dataset through transformations like rotation, scaling, flipping, and cropping, enhancing model generalization.

- d) **Model Selection:** Choose a suitable deep learning architecture like Convolutional Neural Networks (CNNs), known for their spatial data capturing abilities.
- e) **Model Training:** Create training and validation sets, adjusting model settings to minimize label discrepancies. Monitor model performance on the validation set to prevent over fitting.
- f) **Model Evaluation:** Assess the trained model's performance on a separate test set, calculating relevant metrics such as accuracy, precision, recall, and F1 score for diabetic retinopathy diagnosis.
- g) **Optimization and Fine-tuning:** If initial model performance is unsatisfactory, consider architectural modifications, transfer learning, or hyper parameter adjustments to achieve desired results.
- h) **Deployment:** Once the model meets performance criteria, it can categorize retinal images for diabetic retinopathy identification. Ensure integration with a user-friendly interface or application for accessibility.

In the realm of data-driven success, a triumphant outcome hinges on the trinity of dataset quality, meticulous model selection, and astute optimization. When delving into the intricate world of medical data, navigating the ethical labyrinth becomes paramount, necessitating rigorous approval and unwavering adherence to stringent data privacy regulations. In the realm of data-driven success, a triumphant outcome hinges on the trinity of dataset quality, meticulous model selection, and astute optimization. When delving into the intricate world of medical data, navigating the ethical labyrinth becomes paramount, necessitating rigorous approval and unwavering adherence to stringent data privacy regulations.

V. IMPLEMENTATION & RESULTS

The proposed methodology, as illustrated in Figure 3, involves pre-processing techniques to obtain input images from the dataset. Subsequently, morphological operations are performed to identify exudates and micro aneurysms. Finally, the system employs a multiclass SVM and KNN classifier to assess the degree of irregularity. Input images are sourced from MESSIDOR and Diabeticret DB1. The implementation for enhancing diabetic retinopathy diagnosis through advanced telemedicine using image processing and deep learning involves several key steps. Initially, a diverse dataset of retinal images is collected and preprocessed to ensure image quality.

In the realm of retinal image analysis, a highly specialized Convolutional Neural Network (CNN) model takes center stage. Crafted meticulously to cater to the unique intricacies of this field, the CNN is designed and trained with a focus on precision, often incorporating transfer learning techniques. It excels at extracting key features from retinal images, enabling pinpoint image segmentation to identify critical regions like

the optic disc and intricate blood vessels. This forms the foundation for a grading system that classifies retinopathy severity with remarkable accuracy, ultimately enhancing the diagnostic process.

Simultaneously, a state-of-the-art telemedicine platform is developed; offering remote patient consultations and secure image uploads. This platform revolutionizes healthcare accessibility, especially in remote areas, by connecting patients with expert opinions swiftly. Rigorous performance evaluation, adherence to healthcare regulations, and robust data security measures precede deployment. Moreover, continuous monitoring, user training, and educational initiatives ensure the system's utility and impact are maximized. Developed primarily using Python and libraries like OpenCV, scikit-learn, and deep learning frameworks such as TensorFlow or PyTorch, this integrated system promises to significantly improve diabetic retinopathy diagnosis and telemedicine, thereby enhancing patient care.

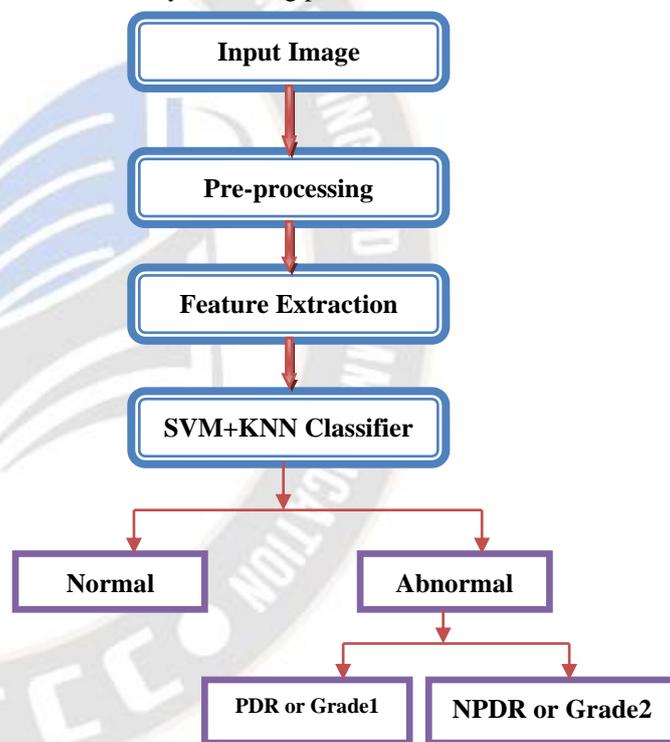


Figure 4: Implementation of proposed system

In Figure 4, the implementation of the proposed system is depicted. The pre-processing stage prepares the input image, initially sized at 2240 x 1488 pixels. This phase addresses issues related to blurriness, clarity, and image dimensions, involving tasks such as image resizing, colour space conversion, image restoration, and image enhancement. During colour space conversion, the input colour fundus image is transformed into the HSI model (Hue, Saturation, Intensity) to separate intensity from colour information, enhancing image processing. Grey fundus images are utilized for feature extraction, as the intensity adjustment of a grey image is more

suitable than that of a color image, with the saturation component derived accordingly.

This equation calculates the saturation (S) component of a color image. Saturation represents the purity or vividness of a color. It is determined by the relative intensity of the color channels (Red, Green, and Blue).

$$S = 1 - 3 / [(Red + Green + Blue) * \min(Red, Green, Blue)]$$

This equation calculates the intensity (I) component of a color image. Intensity typically represents the overall brightness or luminance of the image and is often used in color space conversions.

$$I = II * [3 * (Red + Green + Blue)]$$

In both equations, Red, Green, and Blue represent the color channel values of a pixel in the image. The calculations involve combining these color channels to obtain values for saturation and intensity. These equations are commonly used in color image processing for various purposes, including color space conversions and image enhancement.

Following image transformation, a hybrid median filter is employed to effectively eliminate noise, including the presence of salt and pepper noise introduced during image acquisition. This filter not only enhances edge preservation but also mitigates noise stemming from both thick and narrow feature boundaries, thereby improving overall image quality. Subsequently, the CLACHE (contrast limited adaptive histogram equalization) process is applied to further enhance image quality after contrast enhancement filtering. The resulting image and its corresponding histogram equalization following pre-processing are illustrated in the figure below.

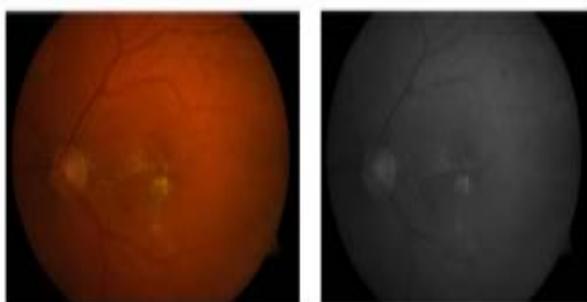


Figure 5: The image on the left displays the original fundus image, while the one on the right represents the HSI model image.

Our classifier undergoes a training process where it learns the distinct characteristics of each category by making predictions on the input data and adjusting itself when those predictions are incorrect. Once the training phase is complete,

we evaluate the classifier's performance using a separate testing dataset.

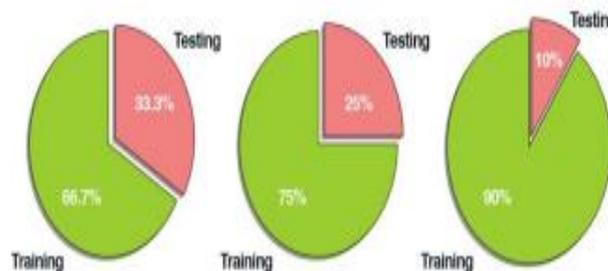


Figure 6: Illustration of typical training and testing dataset splits.

In Figure 6, a widely practiced methodology for partitioning data into training and testing subsets is presented. The process emphasizes the critical need to maintain a clear demarcation between these two sets, ensuring they remain entirely distinct with no overlap. The significance of this separation cannot be overstated. When the testing set incorporates data already familiar to the classifier from the training phase, it introduces a bias that can unfairly favor the model. Such a scenario bestows an unfair advantage upon the classifier since it has already encountered and adapted to the testing instances, compromising the objectivity and integrity of the evaluation process, potentially leading to overoptimistic performance assessments and undermining the model's generalization capabilities. This separation principle is fundamental to reliable machine learning and predictive modeling.

These split ratios play a crucial role in data partitioning, delineating how data is allocated between the training and testing sets. The testing set serves as a vital independent benchmark for evaluating the performance of machine learning classifiers. The decision regarding the split size is not arbitrary but a pivotal consideration in the model development process. Careful selection is vital to prevent data leakage and to maintain a fair and unbiased evaluation.

The choice of the specific ratio is contingent on several factors. First, the dataset size is pivotal; larger datasets often allow for a more significant portion to be allocated to training, which can be advantageous for complex models. On the other hand, when dealing with limited data, a larger portion may be allocated to testing to ensure a robust assessment. Model complexity is another influencing factor. Complex models may require more extensive testing to gauge their generalizability accurately. Additionally, the need for robust evaluation, taking into account any class imbalances or specific characteristics of the dataset, can also steer the decision regarding the split ratio. Hence, the selection process is a nuanced one, tailored to the specific context and objectives of the machine learning task at hand.

Table 2: Training and Testing Data Split Ratios for Classifier Evaluation

S.No	Dataset Partitioning (Existing)	Classifier Assessment (Proposed)	Dataset Size	Training Set Ratio	Testing Set Ratio
1	Majority of data for training, smaller portion for testing	Adequate for initial model assessment, especially with limited data.	Training: 666, Testing: 334	66.6%	33.3%
2	Three-quarters of data for training, one-quarter for testing	A balanced split for general model evaluation.	Training: 750, Testing: 250	75%	25%
3	Predominantly used for training, a small portion for testing	Common for robust model assessment and fine-tuning.	Training: 900, Testing: 100	90%	10%

VI. CONCLUSION

In conclusion, our proposed approach successfully detects both exudates and micro-aneurysms in retinal images. We have implemented various image processing techniques, including the removal of optical discs and blood vessels for accurate exudates detection. Morphological operations, such as closure, were utilized for exudates detection, and the count of micro-aneurysms was used to determine the disease grade. The extracted features were then fed into SVM and KNN classifiers, with SVM classifiers demonstrating superior performance. Looking to the future, our system shows promise in streamlining the diagnosis of diabetic retinopathy, providing accurate and timely assessments. By combining image processing and deep learning, as exemplified in this study, we can pave the way for more efficient and automated diagnosis, ultimately enhancing patient care and treatment outcomes in real-world clinical scenarios.

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